Craftvist Cowl #2: Beginner Worsted

This cowl is the ideal first project for newbies. All you need is someone to cast on for you and connect the two sides to knit in in the round. Then you can just continue to do the knit stitch until you are done!

Yarn weight: Worsted or DK I used 1 skein of

Apple Tree

Knits Plush DK Taumoto Gradient

Yardage: 420 yards but you could use a bit more

or less

Needle size: Size 7 circular needles or size to get

gauge

Gauge: 5 stitches to 1 inch

Directions:

- 1. Knitpurlhunter.com has clear videos to cast on, do the knit stitch and bind off. Or get an experienced knitter to show you.
- 2. Cast on 140 stitches. I used the long tail cast on method but use whatever works for you. The ends of the cowl roll so you won't see this part anyway.
- 3. Join in the round. I like to slip one stitch from the right needle onto the left needle and one stitch from the left needle onto the right needle.
- 4. Slip a round marker on to your needle to mark the beginning of the round.
- 5. Do the knit stitch. Over and over until you are done! Slip the marker on the needle when you come to it.
- 6. Make sure you leave enough yarn to bind off at the end. Take your yarn and circle about three times around the circumference of your cowl. That should be enough. Bind off and put on!

