

Protest is Patriotic Cowl
by
Craftivist Elizabeth Sovern
Knit one, Change too!™



Yarn weight: Worsted

Yarn: Total: 520 yards 3 skeins Cascade yarn 220 Superwash: Ruby (Color 893) 175 yards White (Color 871) 196 yards Blue Velvet (Color 813) 140 yards

Needles: Size 5 (16 inch) circular needles or size to get gauge

Gauge: 5 stitches and 7 rows = 1 inch garter stitch (knit each row)

Measurements: 6 ½ inch wide and 48 inches long

This is a great beginning colorwork piece. You're knitting a tube so all the messiness from carrying the blue and white yarn behind will be hidden inside the tube. Twist the white yarn every 3 stitches behind the blue yarn and carry it loosely behind so the star section doesn't pucker up. If it does, just try to smooth it out when you block it. You will use a provisional cast on and then graft the two ends together using the kitchener stitch.

Star section

Cast on 66 stitches in scrap yarn with provisional crochet cast on.

I like this method: https://www.youtube.com/watch?v=R3J-sUx_whE

Set up row: Join in the round begin careful not to twist the round. Place a marker and using the blue yarn, knit one setup row.

Row 1 Knit blue

Row 2 Knit blue

Row 3: Row 4: knit 5 stitches blue, Knit 1 stitch white. Repeat to end of round.

Row 4: Knit Blue

Row 5: Knit blue

Row 6 Knit 2 stitches blue, knit 1 stitch white, *Knit 5 stitches blue, K1 white and repeat from * until end of round, ending with K3 blue.

Repeat rows 1 through 6 until 13 inches or desired length for star section.

Stripe Section

Knit 3 rows white and knit 3 rows red, carrying the yarn up the sides, until 48 inches total length or desired length.

Carefully unwind the provisional yarn and place on extra set of needles. Block cowl before grafting or graft first and then block, knitters choice! Use the kitchener stitch to graft the two ends of your tube together.

This video is good for specifically grafting cowl tubes.

<https://www.youtube.com/watch?v=ZhFbOA0E4Eo>

But if you've never done kitchener, I suggest you start with this link. There's both videos and written directions with pix.

<https://www.purlsoho.com/create/kitchener-stitch-video/>

We are starting a resist-a-long from Labor Day 2017 through Thanksgiving weekend. Join us on our facebook group or ravelry group to win prizes and post progress on this and other resistance patterns. #resistalong

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If you sell items or post pictures made from this pattern – please give credit to Craftivist Elizabeth Sovern. This pattern is free but please consider donating to <https://www.plannedparenthood.org>



